

# A Guide to Residential Medication Management Reviews (RMMRs)

An RMMR is a comprehensive medication assessment conducted by an expert Credentialed Pharmacist. This government funded service helps ensure you're getting the most benefit from your medications while minimising potential risks.

## What is it?

An RMMR is a way for your GP and Credentialed Pharmacist to do a check-up on your medications.

Embedded Health Solutions (EHS) has been contracted by your aged care home to provide this service. EHS is independent of your supply/community pharmacy to ensure there is no conflict of interest.

Your EHS Pharmacist will analyse your medicines to ensure they are being used effectively whilst avoiding any unwanted side effects or harm.

They will then prepare a report and recommendations for your GP who will make any necessary changes.

## Am I eligible?

An RMMR is available to everyone at the time of moving into an aged care home on a permanent basis.

Your GP will write a referral for this service. GPs also often re-refer every year or two thereafter, particularly if you are on multiple medicines or if there is potential for medication related side effects.

For every initial medication review conducted, a further two follow up reviews can occur over the next few months, if you need them.

## What's the cost?

There is no charge to you or the home; it is a government funded program provided you have a current Medicare or DVA card.

## What will the RMMR process check for?

- ✓ Unwanted side effects that may be caused by your medicines, and for medicines that may no longer be needed.
- ✓ Medicines that are likely to have serious interactions with other medicines or medical conditions
- ✓ Medicines that need additional monitoring of their effects on your body



## What's next?

1. The aged care home will provide all the information needed to conduct the RMMR
2. EHS or the aged care home will contact you or your substitute decision maker via phone/email/SMS to confirm consent to pass on your name and Medicare details
3. A prompt response will avoid delays in conducting your RMMR.
4. EHS or the aged care home will claim payment from the government for the service.